Our Clinicians:
Our Clinicians have been specifically trained in the area of diabetes and diabetes management. Each clinician has received their certification in diabetes education (CDE).
- Shirley Fleishman RN, BSN, CDE, CPT
- Viola Holmes RD, MS, CDE
- Kathy Davis RN, MEd, CDE
- Kim Morris RN, CDE, CPT

Our Services:
We offer many different programs to help individuals and families manage diabetes. Our program is certified by the American Diabetes Association. Below is a listing of the services we offer:

Diabetes Education/ Community Outreach
- Individual Visits
- Medical Nutrition Therapy
- Group Education
- Diabetes and Pregnancy Education
- Support Groups/ Supermarket Tours
- Community Health Events

Foot Care Program
Our purpose is to rate risk and reduce incidence of foot ulcer and amputation; and to maintain integrity of the diabetic foot. We provide the following services:
- Simple nail and callus maintenance
- Needs assessment for diabetic shoes and inserts

Diabetes Management
- Insulin management using protocols to achieve blood glucose target ranges (limited to certain services)

Pump Therapy Program
- Introduction to insulin pumps, with hands-on workshops.
- Insulin pump training, follow-up, and dose adjustment protocol

Continuous Glucose Monitoring (CGMS)
- Sensor placement for intensive 7 day glucose monitoring and physician interpretation
- Training in personal continuous glucose monitoring

Our Locations
- Fontaine Research Park
  415 Ray C. Hunt Drive, Suite 2100
  Charlottesville, VA 22908
- University Physicians Orange
  661 University Lane
  Orange, VA 22960

We do the work with your insurance company for coverage of our program.

Ask your physician about a referral