Give your pregnancy a healthy boost

Aetna’s Beginning Right® maternity program gives you the special attention you need.

Join our maternity program today and you can:

- Learn what’s best for a healthy pregnancy
- Reduce your risk for preterm labor
- Learn how to cope with postpartum depression
- Stop smoking … and more

Pregnant?... Call 1-800-CRADLE-1 (1-800-272-3531) today to enroll.

You can also go to Aetna Women’s Health online at http://womenshealth.aetna.com for information on pregnancy, baby care and more.